

Allergy, Asthma Associates, P.C.
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Skin Testing Patient Instructions

- 2320 N. Wyatt Drive, Suite 71, Tucson, AZ 85712 (520)318-1860
- 7510 N. Oracle Road, Suite 202, Tucson, AZ 85704 (520)531-9254
- 1760 E. Florence Blvd., Suite 200, Casa Grande, AZ 85222 (520)836-3283

- Plan to be in our office 1 ½ to 2 ½ hours (depending on the level of treatment required)
- Please do not wear perfume or cologne to our office due to the nature of our practice.

Medication list for Patients who will have Allergy Skin Testing

- You may continue to take the following medications:

* Antibiotics * Prednisone * Asthma medications (including inhalers) * Heart medications

*All Nasal Sprays may be continued except:

Discontinue for one week *Astelín *Astepro *Patanase *Dymista

- You must discontinue the following medications as listed below so your skin testing results will be accurate:

* All antihistamine medications as follows:

Off for three weeks: * Hismanal (Astemizole)

Off for one week: * Alavert (Loratadine) * Allegra (Fexofenadine)

* Clarinex (Desloratadine) * Claritin (Loratadine)

Off for five days: * Tavist * Zyrtec (Cetirizine)

Off for three days: * Antivert * Atarax (Hydroxyzine) * Bromfenex

* Semprex D * Xyzal

Off for two days: * Atrohist (Chlorpheniramine +) * Bromfed (Brompheniramine)

* Chlor-trimeton (Chlorpheniramine) * Dimetane (Brompheniramine)

* Extendryl (Chlorpheniramine +) * Nolahist (Chlorpheniramine +)

* PBZ (Tripeleennamine) * Periactin (Cyproheptadine)

* Phenergan (Dextromethorphan) * R-tannate * Cardec DM

* Delphim * Deconamine * Tylenol Severe Sinus

* Mucinex

Off for one day: * Benadryl * Any over-the-counter medication not mentioned

* All cough medicines two days prior to skin testing appointment.

Decongestants may be continued as long as they are not combined with Antihistamines.

If you have difficulty discontinuing your allergy medications, you may take Benadryl until one day before your skin testing. (May be purchased over the counter.) If you continue to have difficulty, please notify us immediately.

This is not a complete list of medications. Please ask or call us if you have questions about other medications that you may be taking that are not mentioned above.